

Hillerødholmhallen

Mandag	20:00 - 20:30	Fodbold Fitness	
	20:30 - 21:00	Superveteran	
	21:00 - 21:30		
	21:30 - 22:00		
Tirsdag	19:00 - 19:30		LEDIG
	19:30 - 20:00		
	20:00 - 20:30	Old Boys Hillerød Privatskole	
	20:30 - 21:00		
	21:00 - 21:30		
	21:30 - 22:00		
Torsdag	16:30 - 17:00	Specifikcenter Hillerød	
	17:00 - 17:30		
	17:30 - 18:00		
	18:00 - 18:30		
	18:30 - 19:00		
	19:00 - 19:30		
	19:30 - 20:00		
	20:00 - 20:30		
	20:30 - 21:00		
	21:00 - 21:30		
	21:30 - 22:00		
	Fredag		16:30 - 17:00
17:00 - 17:30		U12	
17:30 - 18:00			
18:00 - 18:30		LEDIG	
18:30 - 19:00			
19:00 - 19:30			
19:30 - 20:00			
20:00 - 20:30			
20:30 - 21:00			
21:00 - 21:30			
21:30 - 22:00			
Lørdag	08.00 - 08.30		U3/U4/U5
	08.30 - 09.00		U6
	09:00 - 09:30		
	09:30 - 10:00		
	10:00 - 10:30		
	10:30 - 11:00		
	11:00 - 11:30		
	11:30 - 12:00		
	12:00 - 12:30		
	12:30 - 13:00		
	13:00 - 13:30		
	13:30 - 14:00		
		U8	
		U9	
		U10	